

## **A Time to Build Relationships**

**Let me start with a story about a young minister. He (I will call him Sam) was block from the State College. He felt butterflies in his stomach, and they weren't flying in formation. He was scheduled to participate in a public forum, and he suddenly felt inadequate—just plain scared. He started praying “Please, Lord, don't let me make a fool of myself. Help me to ...”**

**A guilty thought stopped him in mid-sentence. He started anew “Forgive me, Lord. Here I am, coming to You in a time of need again. So often I forget to pray when things are going smoothly. What's the matter with me, anyway?” With his hands tightened on the steering wheel as he realized he hadn't turned to God in prayer all day. Maybe not the day before, either. He couldn't remember.**

**He wanted to be faithful in prayer. He wanted to pray every day. But He kept trying and failing.**

**Then and there, He decided to concentrate hard on developing some “support systems” that would help me have a daily time with God.**

**You may be wondering what this has to do with relationships building or anything else we usually discuss. I have found that just as Sam had to develop a “support systems” to stay focused on his prayer, I need a system to maintain focus on building relationships, doing my self-talk, and other skills needed in personal development and attracting people.**

**I decided to develop my steps to relationships as well as other skills need in meeting, connect and building a business. Hope these can help you.**

**1. Set relationship goals.**

**Sit down with the Infinite Intelligent and ask for help setting a real relationship building plan. Start with a daily self-talk clearly stating you desire to build relationships. Seeing yourself sending link request every day. How many today? What have you done the past week? You have added new connections and have start communicating with a real person. Establish a habit of asking question, be open to discussion, and always stay in the positive emotions.**

**2. Schedule time into your day for opening and building relationships just as you would a business appointment or lesson.**

**Find the time that's best for you sent out request, and schedule that time. Decide how many you will send each day.**

**3. Establish a regular place for you make your link request be IBO toolbox, Facebook, LinkedIn, Instagram, etc. It should be a place or where you can feel comfortable.**

**4. Minimize distractions. I have found the best time for me is early in the morning for sending link request and follow up with over night messages and connection request. I regular check for addition messages at others time during the day. I estimate my total time in these activities would be about 2 hours per day.**

**5. Shorten instead of skipping.**

**On those days when you absolutely cannot get in your full**

**time, you can at least offer an abbreviated “Hi” or “Well get back to you”. Five minutes are better than no time at all. Remember you can use your smart or a tablet. Just be sure you shorten only on the days when that’s the only alternative,**

**6. Keep a relationship diary or log.**

**It takes just minutes to record the date and any insights, or a note to yourself. I like to read the past messages and the thoughts of people I’ve connected. I’m always amazed and sometime amused what answered**

**7. Find a prayer partner, someone you feel close to, who is committed to building relationships. Signal each other with one ring on the telephone “Have made a new connection today?”**

**8. Remember you may have dry days. Give thanks for your drought It makes the rainy more wonderful.**

**Remind yourself, whenever you feel a dryness, that this is precisely the time when the Infinite Intelligence is working behind the scenes to prepare you to come in harmony with Him!**